

CLEAN YOUR PLATE CASSEROLE

Pamela Jo Wilson



1 pound ground beef
1 (8 oz) can tomato sauce
1 (16 oz) can stewed tomatoes
1/4 cup green onions, chopped
2 tsps Knorr's for meat seasoning
1 1/2 cups cheddar cheese, grated

2 tsps salt
2 tsps sugar
1 cup sour cream
1/4 tsp garlic powder
1/4 tsp black pepper
1 (8 oz) pkg fine noodles
1 (3 oz) pkg cream cheese



Cook noodles according to pkg., drain and set aside. (Optional) I like to put tomatoes in processor for a few seconds.

Brown ground beef and add tomatoes, sauce, salt, Knorr's, sugar, garlic & pepper.

In small bowl, mix together until smooth, sour cream, onions and cream cheese. Combine the ground beef mixture with the sour cream mixture.

In a baking dish, put the noodles on the bottom, next the sour cream - ground beef mixture, and top casserole with lots of grated cheese.

Bake uncovered in a preheated 350 degree oven for 30 minutes or until hot and cheese is melted.